The

Galileo Times

Created by S.I.S. Students
Ms. Lisa Trotto Newspaper Club

September-October 2019



Magie de la Pomme Apple Picking

On Tuesday, October 1st, all Galileo students took part in a field trip to 'La Magie de le Pomme' in St. Eustache. This was Galileo's annual apple picking trip and we got to spend the whole day outside enjoying nature's beauty. It was an awesome day spent riding a tractor, picking apples, and tasting the delicious apples picked straight from the trees at this orchard! Every student got to take home a 10 pound bag full of apple goodness! SIS students are the apple of our eye! Over 250 Galileo students and teachers enjoyed the day apple picking. A Quebec tradition learning about apples and creating new friendships. Fun times at Galileo Adult Centre!

-Ms. Lisa's S.I.S. Students

Save the Date!

Mini-Day Day

December 20th

The lasy day before the Christmas break – keep in mind this will be a mini-day!

Galileo Holiday Party

December 18th

Ho! Ho! Ho! Students will be eating, dancing, singing and enjoying their holiday dance party!

Classes Resume

January 6th

Be ready on January 6th to get back into action at Galileo! Classes will resume on January 6th!

Welcome Back

Welcome to a new school year, S.I.S. students! This year has already been action-packed and we are introducing some new and innovative courses to the curriculum! This year we would like to welcome our two new facilitators, Miss Felicia (SIS) and Miss Claudia (SVIS). This year we also welcome a new CRDITED teacher, Miss Amanda who will be incorporating gym into our SIS curriculum. We kicked off the school year with an awesome Corn Roast and welcome back party for all Galileo students! The delicious Mr. Puffs also came to our corn roast and served three varieties of puffs for our students! You can read more about these topics in The Galileo Times!

-Ms. Lisa's S.I.S. Students



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New Beginnings ...

Yellowbug Theatre at Galileo with Academic

YELLOWBUG THEATRE at Galileo!!! Actor Milva Franzini led a great workshop that allowed Miss Lisa T's students alongside our Academic English students (Miss Melisa Grimaldi's students) express themselves through the world of acting. Miss Franzini's classes are designed to infuse creativity, instill confidence and build self-esteem through self-expression and teamwork! All SIS groups had a chance to participate in these dynamic workshops as well. These sessions focused on "acting out scenes from popular films." The students had a blast, they read scripts and acted out scenes from: Gone with the Wind, Home Alone, Star Wars, Mean Girls, My Cousin Vinny, Scarface, etc. Every session we continue to enhance our acting skills with Milva!

-Ms. Lisa T's SIS students

New Art Room at Galileo

Galileo keeps on growing and we couldn't be happier! Our second art room is ready to welcome our SIS students. Students are loving their new space for creating great works of art and expressing themselves freely. Galileo students are "Artrageous"!!

-Marco Macri

New Graphic Novels in English Class

Ahh the wonders of graphic novels!!! This year our class is reading two graphic novels, the first one is The Strange Case of Dr. Jekyll and Mr. Hyde! The second is *The Hunchback of Notre-Dame*. Students have not been able to put the book down – it is mysterious and so interesting to learn about scientific experiments! Students will have the chance to take these books home during the holidays and relive the stories!

-Miss Caroline's SIS Class

CCBE & SIS Collaboration

Miss Lisa T's SIS class and Miss Georgette's CCBE class spent the afternoon learning about nutrition and healthy eating habits! Galileo's in-house inclusive activities allow our diverse groups of students to integrate with one another in a classroom setting while showing mutual respect and value for each other's skills, experiences, creativity, contributions and cultures. SIS students allowed the CCBE level 1 students to practice their English speaking skills by asking them what they eat for breakfast, lunch and dinner. The students then proceeded by giving suggestions regarding how they could all improve their diets by making minor changes such as incorporating more fruits and vegetables! Miss Georgette's students ended the class by inviting SIS students to attend their class potluck - what a treat!

-Miss Lisa T. (SIS) & Miss Georgette's class (CCBE)



Programme d'intégration au travail SVIS à Galileo!

Nous sommes heureux de vous informer que depuis septembre il y a eu d'immenses progrès réalisés au programme SVIS. Actuellement, il y a 30 étudiants au programme SVIS dont 9 nouveaux étudiants qui participent à une démarche d'intégration que ce soit en stage individuel ou en plateau de travail. Avec le soutien des professeurs et aide-enseignants SIS, nous avons aussi actuellement un groupe de 10 étudiants SIS ayant l'opportunité de vivre une expérience de travail soit en plateau de travail ou en classe de travail. De ce groupe, 3 étudiants SIS en classe travail débuteront un stage plateau de travail en 2020. De plus, 3 étudiants SVIS en plateau de travail ont réussi par leurs efforts à valider leurs compétences vers le stage individuel. Nous sommes heureux de constater l'importance que ce programme procure aux étudiants SIS, SVIS. Nous profitons de l'occasion pour féliciter les étudiants, professeurs et aides – enseignants de leur soutien. Un grand merci spécial à l'équipe SVIS pour leur merveilleux travail auprès des étudiants.

Julie, Luciana, Claudia, Ralph. BRAVO!

-Mr. Michel Massé & Miss Julie's Class

Canadian Tire Fundraiser

Galileo's SVIS students, together with our local community partner, Canadian Tire -Montreal North, spent a wonderful day raising funds for our school and program. Students practicing money skills and enhancing their work skills. Students enthusiastically greeted and thanked customers and staff who generously contributed towards a successful event. Students bagged customers' gifts, greeted and thanked them for their support. We are grateful and proud to have raised \$500!

NOUVEAU EN CLASSE TRAVAIL

Ayant conscience de l'importance de bien évaluer les étudiants dans le but de leur faire vivre une intégration en communauté, nous avons eu à diversifier nos contrats de travail. Nous avons toujours nos partenaires Cavan, CRDITED de MTL ayant accès à des contrats de travail diversifiés. Dans le but de permettre à nos étudiants de mieux développer leurs habiletés, nous avons l'opportunité d'avoir de nouveaux partenaires dont ProStyle, Shell Pie-IX, Tactouche... Ceci demande quelques adaptations pour nos étudiants avec l'aide du professeur Julie et aide-enseignant Ralph, l'expérience est très concluante. Bon travail à tous!

NOUVEAU DÉVELOPPEMENT

MAXI PIE IX, HOME DEPOT ACADIE

Comme vous le savez, nous avons comme Plateau de travail Canadian Tire H-Bourassa. Nous sommes en mesure de vous informer qu'il y aura 2 autres plateaux de travail considérant les progrès et intérêts des étudiants. Nous profitons de l'occasion pour souhaiter la bienvenue à Claudia Rugamas, aidenseignante qui a joint récemment l'équipe SVIS.



Ms. Caroline's Sweet Potato Egg in a Hole

A perfect fall treat with a twist!



- 2 large sweet potatoes
- olive oil
- 4 eggs
- 1/2 cup shredded Cheddar cheese
- 4 slices bacon, cooked and <u>crumbled</u>
- salt
- pepper
- 1 tbsp chopped chives for garnish

Preparation

- 1. Preheat oven to 400° and line a medium baking sheet with parchment paper. Slice sweet potatoes lengthwise into 1" thick slices. Discard ends.
- 2. Place sweet potato on prepared baking sheet and drizzle with olive oil. Season with salt and pepper and place in the oven to bake for 10 to 15 minutes, or until mostly tender. Remove from oven and use a biscuit cutter to make a hole in the center of the sweet potato. Crack egg into hole and return to oven to bake, 10 to 12 minutes more.
- 3. When egg is cooked to your liking, remove sweet potato from baking sheet and plate. Sprinkle with cheese, chopped bacon and garnish with chives.



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Our Awesome Students!

An Autumn Stroll at Marché Jean Talon

"Always do your best. What you plant now, you will harvest later" -Og Mandino

What an amazing autumn day, on September 23rd, students experienced a day full of sunshine and cheerful smiles! Our SIS students practiced their social skills and together we took public transportation to Marché Jean-

Talon! * The vibrant colors of the market were stunning! Students enjoyed their time searching for the nicest pumpkins to decorate our school gym for our Halloween Party! They also spoke to local farmers and explored the abundance of fresh produce offered at this beautiful market!

-Miss Erica & Miss Lisa T's Students

Halloween Fun at Galileo!

Happy Halloween...Spooktacular at Galileo!! Academic students decorated the gym, Literacy students brought in delicious sweets and the SIS delivered the party...a true community at Galileo. Another successful event. Thank you to all the amazing teachers for your help and thank you to our fantastic students for creating a "family" feeling.

-Miss Lisa G's SIS Class

Science in the Soap Lab!

It was all science in the lab!!! Students got to carefully measure our special mix of rich oils to prepare for upcoming batches of soap, while other students got to bevel some soap that was made last week and will be going on the rack to cure. We even managed to get Miss Lu away from the drums for one day! –Miss Lisa G's SIS Class



Wednesday Lunch Club & Snack Shack!

Don't forget to stop by the SIS kitchen on Wednesday's to get a taste of Galileo's SIS hot lunch program!!! This week's menu was Shepard's pie, carrot soup and for dessert, chocolate chip cookies! Don't miss it! Snack Shack will also be serving up some tasty & healthy snacks every Tuesday & Thursday! © Bring your appetite!

-Miss Caroline's SIS Class

SIS Gardening Experience!

Galileo Adult Education Center meets College Sainte Marcelline elementary school! Collaborating with Giardino Biraghi, our students were able to have a hands on experience to create an indoor garden, using recycled material, as well as planting garlic that will be cultivated next September 2020. Being alongside students from grade 5 and 6, Galileo SIS students reflected on their time during their elementary years. They created a great buddy system with the students from College Sainte Marcelline, which allowed for new friendships to be formed! Our SIS students showed their amazing social skills with the little kiddos! We cannot wait to see our wonderful plants grow! Thank you Antonino from Chez Michel Jean Talon Market for the great produce! We were able to plant garlic and a prune tree from our local vendor! -Miss Erica's SIS Class



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What is a Snoezelen Room?

Snoezelen Multi-Sensory Environments are relaxing spaces that help reduce agitation and anxiety, but they can also engage and delight the user, stimulate reactions and encourage communication. After many delays and bumps in the road Galileo's sensory room is coming to life. A beautiful room for our students and staff. Donation from NoBetterYou foundation of Vanessa Grimaldi & Italian di Montreal e Amici organization as well as Chez Ma Tante and support from AEVS department from EMSB. The grand reveal will come in January! Stay tuned!!!

-Caterina Pupo

Yoga in Art Class!

You cannot always control what goes on outside, but you can always try to control what goes on inside. Every Thursday we incorporate yoga into our weekly ritual of listening to what our body needs. Our furry friend Moretti is joins us to in our yoga practice to create a calm and peaceful environment to relax our minds!

-Alex Pettinicchio





I started Galileo on October 22nd, I was a bit nervous! On my first day I started meeting new students and teachers. They are all very nice people. At school, we take English, French, Pet Therapy, Art, and Culinary Program. I enjoy and like all my classes and most of all I like playing with the animals during Therapy class. My teachers are all very kind and helpful and I like them all. I am so happy to be part of Galileo! **-Nadine Acherir**

S.I.S. Welcomes new Students!

This school year we have over 20 new S.I.S. students! The program has grown to be over 150 students! That is awesome! All of our new students are very enthusiastic about Galileo and have been enjoying our diverse program! -Alex Pettinicchio

Botanical Gardens Field Trip!

Students spent an amazing day at the Gardens of Light! Three cultural gardens were on display this year: The Chinese Garden, The First Nations Garden and The Japanese Garden. These displays truly captivated our students! We then explored the creative decorated pumpkins at the great pumpkin ball along with a walk through the beautiful greenhouses! It was a wonderful afternoon! –Emily B.

Check out our online version: www.galileotimes.wordpress.com You can also check us out on Galileo's Facebook & Instagram page: @galileoadultcentre

Many thanks to the students who took the time to write articles, edit and participate in this project.

If you would like to share an article, picture or an idea to include in the next edition of *The Galileo Times*, please speak to an S.I.S. teacher (Marisa G., Marisa F., Erica, Caroline, Julie, Lisa T., Lisa G., Dieter, Michel or Alain) or facilitator (Lu, Natalia, Nancy, Ralph, Luciana, Felicia or Claudia).

